

Protein Bowls

Packed with high-quality proteins, wholesome grains, and fresh vegetables, our protein bowls are designed to keep your guests energised, satisfied, and feeling their best.

Medium bowl £7.95

Large bowl £9.95

VEGAN/PLANT BASED

Broccoli Tempura

Crispy broccoli tempura, whole grain rice, roasted tomatoes, Asian slaw, edamame beans & kimchi mayo

Allergens: Wheat, Soya, Sulphates

Chargrilled Vegetables

Grilled aubergine, courgette & peppers, orzo, roasted pumpkin, pickled cabbage, roasted tomatoes, vegan feta & basil pesto

Allergens: Wheat, Soya, Sulphates

Gochujang Tofu

Grilled spiced tofu, quinoa, young spinach, carrot & ginger, pickled cabbage, pea shoots & lemon

Gluten Free - Allergens: Soya, Sesame, Sulphates

VEGETARIAN

Pesto Bocconcini

Marinated bocconcini, linguine, olives, chilli & wild rocket, piquillo peppers, lemon zest & basil dressing

Allergens: Wheat, Milk, Sulphates

British Ploughman's

Somerset brie, smoked applewood, Shropshire blue, steamed potatoes, egg, pickles, roasted tomatoes & caramelised apples, apple chutney

Gluten Free - Allergens: Milk, Sulphates

Feta & Tomato Frittata

Sundried tomato & feta frittata, black eyed beans & puy lentils, carrot & ginger, broccoli, young spinach, roasted tomatoes & chilli jam

Gluten Free - Allergens: Egg, Milk, Sulphates



FISH/SEAFOOD

Teriyaki Salmon

Spiced Scottish salmon, quinoa, chickpeas, curly kale, roasted sweet potato & lime yoghurt

Gluten Free – Allergens: Milk, Fish, Sesame, Soya

Thai Fishcakes

Tilapia, coriander & chilli fishcakes, basmati rice, carrot & ginger, pickled cabbage, pea shoots & kimchi mayo

Gluten Free, Dairy Free – Allergens: Fish, Egg, Sulphates, Celery

Honey & Ginger Prawns

Honey & ginger king prawns, basmati, rice, curly kale, edamame beans, roasted tomatoes & Asian slaw, sweet chilli sauce

Gluten Free, Dairy Free – Allergens: Crustaceans, Soya, Sulphates, Celery

MEAT

Katsu Chicken

Panko breaded Norfolk chicken breast, wholegrain rice, edamame beans, carrot & ginger, roasted tomatoes, pea shoots & lemon, katsu curry sauce

Halal, Dairy Free – Allergens: Wheat, Celery, Soya

Hoi Sin Duck

Aromatic Gressingham duck, basmati rice, broccoli, roasted pumpkin, cucumber & spring onion, hoi sin sauce

Dairy Free – Allergens: Soya, Wheat, Sesame, Celery

Tandoori Chicken

Marinated Norfolk chicken breast, wholegrain rice, roasted pumpkin, edamame beans, pea shoots & mango chutney

Halal, Gluten Free, Dairy Free – Allergens: Soya, Celery

FOOD GALLERY

[Click here to see photos of our Protein Bowls](#)

www.hubbubcatering.co.uk/portfolio-item/protein-bowls/

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CATERING
